

DECEMBER 2018

UNITED WEST ELEMENTARY
2140 State Hwy 135, Monmouth, IL 61462
Pat Coate Principal



BREAKFAST MENU

MONDAY

Egg/Cheese Biscuit **3**
OR
Cereal Choice
with Cinnamon Oatmeal Bar
Pears
100% Fruit/Veg Juice
Milk

Blueberry Bagel **10**
OR
Cereal Choice
With Cinnamon Oat Bar
Orange
Milk

Mini Donuts **17**
OR
Cereal Choice
with Cinnamon Oat Bar
Peaches
100% Fruit/Veg Juice
Milk



TUESDAY

Strawberry Oat Bar **4**
AND
Cereal Choice
Pineapple
100% Fruit/Veg Juice
Milk

Granola Bar **11**
AND
Cereal Choice
Yogurt (optional)
Cinnamon Apples
100% Fruit/Veg Juice Milk

Nutri-Grain Bar **18**
AND
Cereal Choice Bar
Apricots
100% Fruit /Veg Juice
Milk



Breakfast Cost
\$1.25

Extra Milk
.25cents

WEDNESDAY

Blueberry Muffin **5**
OR
Cereal Choice
with Nutri-grain Bar
Peaches
100% Fruit/Veg Juice
Milk

B Storm Bread **12**
OR
Cereal Choice
with Nutri-grain Bar
Pears
100% Fruit/Veg Juice
Milk

Apple Oatmeal Bar **19**
OR
Cereal Choice with Granola Bar
Mandarin Oranges
100% Fruit/Veg Juice
Milk



MILK CHOICE:
1% White or
Fat Free Chocolate

CEREAL CHOICES:
1oz Cereals
1.6oz Cereal Bars

THURSDAY

French Toast **6**
OR
Cereal Choice
With Granola Bar
Bacon
Red Grapes
100% Fruit/Veg Juice Milk

Pancakes **13**
OR
Cereal Choice with Granola bar
Sausage Links
Banana
Milk

Pop-Tart **20**
AND
Cereal Choice
Banana
Milk

CHRISTMAS CONCERT
Kindergarten - 5th Grade
West and North Elementary
AT UNITED HIGH SCHOOL
DECEMBER 7th at 6:00pm
Doors open at 5:30pm



Fri 21st - 2pm Dismissal
WINTER
BREAK
MON 24th - JAN 7th



FRIDAY

Pop-tart **7**
AND
Cereal Choice
Applesauce
100% Fruit/Veg Juice
Milk

Strawberry Oat Bar **14**
AND
Cereal Choice
Apple Slices
100% Fruit/Veg Juice
Milk

Cinnamon Twist Roll **21**
OR
Cereal Choice
with Strawberry Oatmeal Bar
Fruit Cocktail
100% Fruit/Veg Juice
Milk